

Have you downloaded the
TruDoc 24x7 app yet?



What you'll find on the TruDoc 24x7 application

- ✓ **Call Doctor/Wellness Expert**
24x7 access to highly trained & licensed doctors and wellness experts
Tap the "Contact a Doctor" button on the bottom of your home page
- ✓ **Readings**
Track your vital signs and fitness activity
To add a reading, tap the "Add Reading" button on your home page
- ✓ **Health Digest**
Educational articles on different health and wellness conditions
You can find the Health Digest on the home page
- ✓ **Appointments**
Keep track of your medical and wellness appointments
On the bottom tab, click "More" then click "Appointments"
- ✓ **Medications**
Add medications including type, schedule & dosage and set up alarms for each one
On the bottom tab, click "More" then click "Reminders"

and many more features!

Download the TruDoc 24x7 app today!



Disclaimer : All the above services are provided by TruDoc Healthcare LLC ('TruDoc') directly to you. Please read TruDoc services terms and conditions carefully before availing any services. Oman Insurance Company assumes no liability for any information/services provided by TruDoc. By availing any of these services, you hereby agree to hold harmless Oman Insurance Company from any costs/damages/liabilities arising from your reliance or usage of these services.

"Glad I called TruDoc 24x7– it prevented me from self-medicating and perhaps taking the wrong meds! All I needed was cough syrup to get me better!"

- TruDoc 24x7 Member